

# Clinic VBL



## Ballscreen defense

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# Ballscreen offense

## Past

- 2 men game ↔
- 1 dimensional ↔
  - > Scoring
- End of shotclock ↔
- Static/on position ↔

## Present

- 5 men game
- 3 dimensions
  - > Scoring
  - > Creativity
  - > Opening passing angles
- Common concept
- On the move / use of decoys

## Change of rules

- Dimensions
- Game rules

# Which ideas in our defensive concept ?

1. Which locations ( spots ) → Reducing Spacing
2. Timing → Breaking timing
3. Qualities of opponents
4. Combination of ...

# Approach

## 3 phases :

**1. Before**

**2. During**

**3. After**

- X on the ball
- X screener
- X ballside
- X weakside

# Most common tactics

Inside slide + B.M. Zoning  
+ B.M. Hedging  
+ B.M Push out

Over the top + Hard 90°  
+ Hard 45°  
+ Flat  
+ Zoning

Trapping defense

V – defense = Topside defense

Switch ( & inverse )